

## SPONSORING

WITH THE UNCONDITIONAL SUPPORT OF:

## CREDITS

Schweizerische Neurologische  
Gesellschaft (SNG)

CREDITS TBD

Schweizerische Gesellschaft für  
Schlafforschung, Schlafmedizin und  
Chronobiologie (SGSSC)

3.5 CREDITS

## IN COLLABORATION WITH:



EUROPEAN SLEEP FOUNDATION  
andrea.barzago@europeansleepfoundation.ch  
www.europeansleepfoundation.ch

## LOCAL ORGANIZER



PROF. DR. RAMIN KHATAMI  
Klinik Barmelweid, 5017 Barmelweid (CH)  
ramin.khatami@barmelweid.ch

## PROGRAM - VIRTUAL MEETING

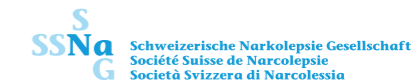


The Swiss Narcolepsy Network (SNaNe)  
The Swiss Narcolepsy Society (SNaG)  
and Klinik Barmelweid

Are happy to invite you to the

## 6<sup>TH</sup> SWISS NARCOLEPSY DAY

04/02/2021 | LIVE FROM BARMELWEID<sup>®</sup>



### Dear Colleagues

Asleep during the day! A growing number of normal population suffer severely from daytime sleepiness. In some cases this is caused by narcolepsy - a rare and compromising, still underdiagnosed and not well understood disorder.

The **6<sup>TH</sup> Swiss Narcolepsy Day** offers opportunities to address clinical aspects of narcolepsy and to report on scientific progress in disease management. Due to current extraordinary situation, we have been working hard to offer the option of digital attendance.

Together with the newly founded Swiss Narcolepsy Network ([www.snane.ch](http://www.snane.ch)) our goal is to find innovative new strategies that support the improvement of the patient's medical care.

Warm Regards,

**PROF. DR. RAMIN KHATAMI**  
Center of Sleep Medicine & Epileptology  
and Barmelweid Akademie  
Klinik Barmelweid

### HOW TO ATTEND

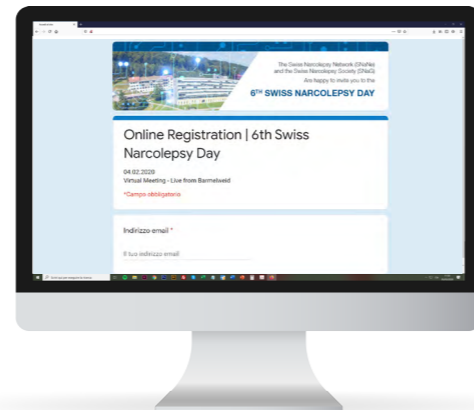
The 6<sup>th</sup> Swiss Narcolepsy Day is a full **virtual meeting**. Due to COVID-19 restriction in-person participation is not possible.

**Online registration is free and mandatory.**



To join the webinar please register **HERE** or scan the QR code.

**Deadline for online registration:  
31<sup>ST</sup> JANUARY 2021**



<https://forms.gle/w5R8btAJtaWv9DMt9>

### THURSDAY, 4<sup>TH</sup> FEBRUARY 2021

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

- 14.00 Begrüssung und Einführung 🇨🇭  
*R. Khatami, Barmelweid (CH)*
- 👤 CHAIR: P. VALKO, ZURICH (CH)
- 14.10 The Italian Narcolepsy Database: a model for patient-researcher interaction 🇬🇧  
*F. Pizza, Bologna (IT)*
- 14.30 The delay of diagnosis in Narcolepsy: new data on predicting factors 🇬🇧  
*Z. Zhang, Barmelweid (CH)*
- 15.00 Klinische Fälle/Video-Präsentationen 🇨🇭  
*SNaNe Members*
- 15.30 ☕ *Pause*
- 👤 CHAIR: C. BASSETTI, BERN (CH)
- 16.00 The SPHYNCS study: towards data driven diagnosis support 🇨🇭  
*J. Van der Meer, Bern (CH)*

LANGUAGE:



German



English

- 16.30 Die Rolle von Apps in der Diagnostik und Therapie bei Narkolepsie 🇨🇭  
*U. Kallweit, Witten-Herdecke (DE)*
- 17.00 Narkolepsie im Alter: Besonderheiten und neue Aspekte 🇨🇭  
*J. Tepperberg, Barmelweid (CH)*
- 17.40 ☕ *Pause*
- 18.00 **Publikumsvortrag in Zusammenarbeit mit der Schweizerische Narkolepsie Gesellschaft (SNaG) und der SVA-Aarau**  
Spezielle Aspekte der Narkolepsie in Beruf und Ausbildung? 🇨🇭  
*R. Khatami, Barmelweid (CH)*  
*J Schaller, SVA Aarau (CH)*
- 19.30 *Closing Remarks*